



What is this a picture of?

Have you ever seen a baby?

Can babies feed themselves?

Can they make a peanut butter sandwich?

Can they dress themselves?

Who has seen a baby wash their hands or give
himself a bath?

How do babies get something to eat?

Who takes care of them?

Who keeps them safe?

(Lead to **we all need people to help keep us safe**)



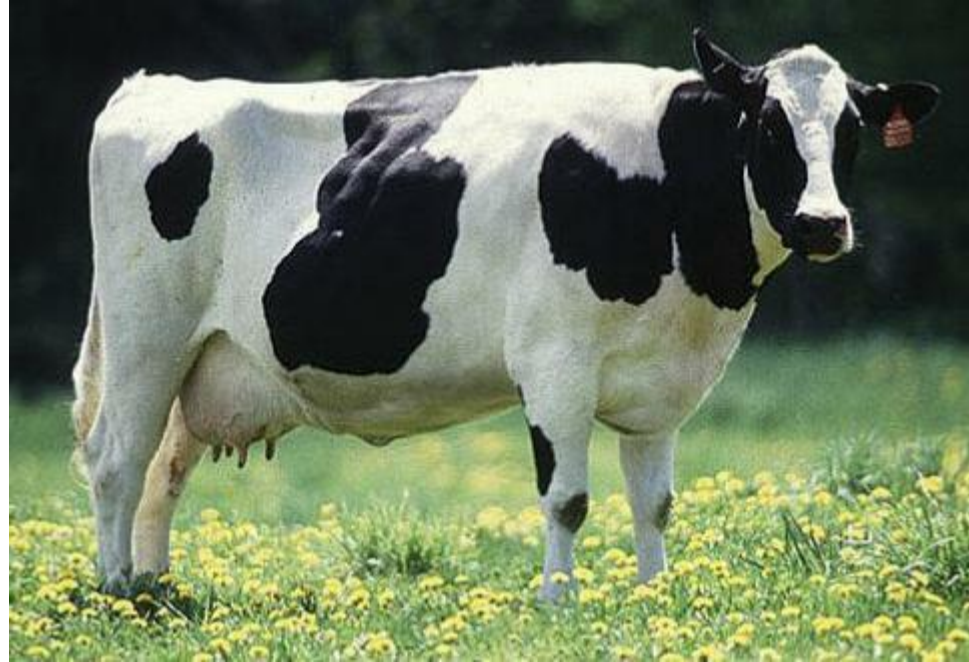
Who helps you?

*Toss or roll a ball around so everyone can share

Babies are born in need of care and protection.

As we grow older, we can do more things.

We need less help but we still need our parents and other trusted adults to keep us safe and help us grow.



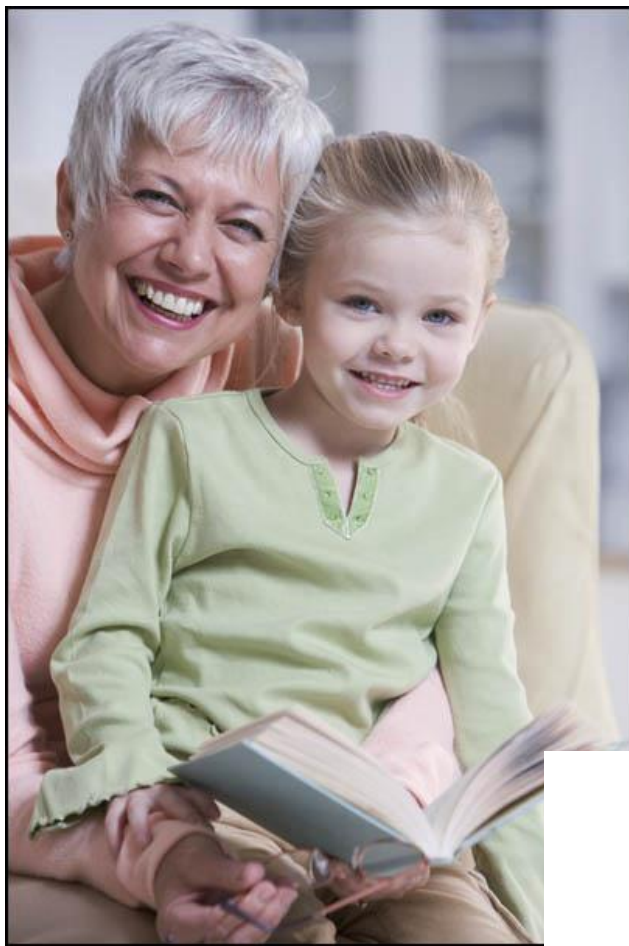
Most of God's creatures communicate with each other in some way by the sounds they make or the way they act.

How do animals communicate?

Identify the animals in the pictures. What sounds do they make?
What would a dog sound like if he was happy? Sad? Angry? Hungry?

How do humans communicate?
(All creatures communicate— but ONLY HUMANS can speak).

If I am hungry, do I just sit down and bark?
If I am angry, should I growl?
No? Why?



Some families are big with parents, siblings, grandparents, aunts, and uncles. Some families are little; a parent or guardian and a child.

Regardless of size, one of the blessings if a family is having someone we can trust and feel safe to share our feelings, interests, and activities.

This sharing is also important because it helps our parents and trusted adults in our life **protect and care for us.**



As we grow older, we meet other trusted adults, such as teachers, youth or scout leaders, coaches, friend's parents. They also protect and care for us.

To keep us safe, our parents and other adults we trust need to know where we are, who we are with, what is going on, and how we feel about what is happening in our lives.



Surprise 😊



Secret 😬

Who likes surprises?
Most everyone likes a surprise!

What is the difference between a surprise and a
secret?

A surprise is something good that we wait to share
with someone later, but a secret is something that
we hide from others.

Secrets vs. Surprises Game:

Pick a card and read the scenario.

Step forward if it is a surprise, step back if it is a secret

(There is no such thing as a “good secret”– if it is good, it’s a
surprise, not a secret)

Communication

Buying a special gift.

Planning a birthday party.

Losing a tooth

Not telling a trusted adult when someone touches you in a way that makes you feel weird or uncomfortable; or when someone threatens you.

Sending a letter to your grandma in the mail

Bringing flowers to someone who is having a bad day.

Lying to your mom or dad.

Not telling your dad that you lost a library book.

Cleaning your room without being asked.

Not telling your parents where you were.



It's good to share surprises with our families but we **should never keep secrets from our parents or from other adults we trust** about things that make us feel weird, uncomfortable, worried, or scared.

If someone does something to us or to someone else that makes us feel weird, uncomfortable, worried, or scared, **we should continue telling trusted adults until one of them understands how we feel and does something to make us feel comfortable or safe.**

God gave us adults we can trust to love and care for us and to protect us from harm. We can share everything with them.