What is a Pilgrimage?
A pilgrimage is a journey that believers make to a sacred place to renew their faith and to restore their relationship with God and with each other. Early Christians made pilgrimages to sites connected with the birth, life, death and resurrection of Jesus Christ. Later, pilgrims visited sites associated with the apostles, such as Rome or Ephesus, or places where there have been apparitions of the Blessed Virgin Mary. Today, pilgrimages are taken to pray for particular intentions and healing, to seek answers to prayer or to satisfy a spiritual longing, to honor a promise to the Lord – or simply to visit a beautiful, prayerful place to be inspired and encouraged in faith.

Why a Pilgrimage during the Year of Faith?
Pope Benedict XVI, Roman pontifex emeritus, encourages us during this Year of Faith to seek opportunities to deepen our faith and renew our baptismal call to holiness. A pilgrimage to a sacred site, can be an ideal occasion for this. According to the decree, Catholics who are “truly repentant, have duly received the Sacrament of Penance and Holy Communion and who pray for the intentions of the Supreme Pontiff,” may receive the Plenary Indulgence every time they go as pilgrims to these designated churches “and take part there in some sacred function or at least pause in recollection for a suitable length of time with devout meditation.”

The following churches and missions have been designated, by The Most Reverend John C. Wester, as places of pilgrimage for the Diocese of Salt City:

The Cathedral of the Madeleine, Salt Lake City
Saint Kateri Tekakwitha Mission, Ft. Duchesne
Our Lady of the Light Mission, Beaver
Our Lady of Lourdes Catholic Church, Salt Lake City
Our Lady of Perpetual Help Catholic Church, Kearns
Saint Ann Catholic Church, Salt Lake City
Saint Francis of Assisi Catholic Church, Orem
Saint Mary Catholic Church, West Haven
Saint Patrick Catholic Church, Salt Lake City
Saint Paul Catholic Center, Hurricane
Saint Pius X, Moab
Saint Thomas Aquinas, Hyde Park

Saint Pius X Catholic Church
122 West 400 North, Moab
435 - 259-5211

Saint Pius X Catholic Church shares the love of Christ with parishioners, visitors and the local community of Moab through spiritual and corporal works of mercy. Established in 1955, the parish has always welcomed visitors. On any given Sunday, half the people in church are just passing through. Drawn to the natural beauty, two national parks, and various outdoor recreational activities, Moab is a haven for those who want to get away.

Part of the parish’s role in the community is to go beyond doctrines and rituals to show love. Ruth’s Garden, established in 2009, bridges the gap between the outside world and the sanctuary offering a lovely spot for reflection and prayer anytime of the year.

Saint Thomas Aquinas Catholic Church
725 South 250 East, Hyde Park
435-752-1478

With roots dating back to 1871, St. Thomas Aquinas Church was established in 1941 to include the counties of Box Elder, Rich and Cache County. On September 20, 1960, Saint Jerome Chapel was dedicated by Bishop Joseph Lennox Federal. The Chapel, located adjacent to Utah State University, served the community until 2005 when parish leaders oversaw the planning and construction of a new church complex, complete with a freestanding bell tower and strikingly beautiful church.

One of the focal points of the worship space is the life-size crucifix with corpus, designed and sculptured by local artist and Utah State professor, Eileen Doktorski, who is also a member of the parish.
Saint Patrick Catholic Church has always served immigrants in the Salt Lake community. The Right Reverend Lawrence Scanlan, first Bishop of Salt Lake, established the church in 1892 to serve the Irish and Italians who settled on the city’s west side. By 1930, the parish demographics had changed as Hispanic immigrants moved into the area. Today, Tongans, Africans, Koreans, Filipinos, Hispanics and others make up the parish community.

With its cultural diversity, the Saint Patrick projects "a beautiful face of Christ" in the diocese, and continues to welcome immigrants and to incorporate their gifts into the life of the parish community. On September 8, 2012 the parish celebrated its 120th anniversary.

Saint Paul Catholic Center
171 South Main, Hurricane
435-635-6829

Dedicated May 17, 2009 the Saint Paul Catholic Center in Hurricane is the first Catholic building in the over 100 year old settlement of Hurricane City. In recent years, Catholics living in Hurricane would drive to Saint George for Mass or attend a Sunday Celebrations in the Absence of a Priest offered in the American Legion Hall. The Saint Paul Catholic Center was largely funded through local fund raising efforts, a formal fund raising campaign and through a grant to the Diocese of Salt Lake City.

The Center offers worship services weekly and a wide variety of ministries that help create a community of followers marked by unwavering faith and unconditional love.

Dear Brothers and Sisters in Christ,

As Pope Benedict stated: “To go on pilgrimage really means to step out of ourselves in order to encounter God where He has revealed Himself, where His grace has shone with particular splendor and produced rich fruits of conversion and holiness among those who believe.”

A pilgrimage is a walk or journey to a place that helps us reflect on the joys and sufferings in our life. Just as our ancestors were sometimes lost, at times we too find ourselves lost and alone, far away from God. A pilgrimage is a time to step back and reflect on the process of spiritual healing and growth. It challenges us to look at our relationship with God and others and helps us center our lives in Christ.

I encourage you to prayerfully determine which of the following sites you can visit. You are invited to date your passport stamp and to keep track of which sites you have visited. Whichever sites you visit, may they be true encounters with God as you celebrate more deeply the Year of Faith.

Sincerely yours in the Lord,

The Most Reverend John C. Wester
Bishop of Salt Lake City
What do I do on a Pilgrimage?

Both individual and group prayer and devotional activities are traditional pilgrimage practices. These include the rosary, the liturgy of the hours, singing sacred songs or hymns, participation at Mass and/or the Sacrament of Reconciliation, lectio divina or scriptural meditation, personal prayers of adoration, contrition, intercession, thanksgiving, and petition; novenas, litanies or devotions to particular saints, and prayers associated with the particular holy site.

Here’s some suggestions to do when visiting a pilgrimage site:

- After entering the Church find a quiet place to sit or kneel. If the church is not open, find a quiet spot outside.
- Make yourself comfortable; pay attention to your breath and calm yourself as you become aware of God’s presence.
- Make the Sign of the Cross.
- Read a short passage from Scripture or renew your baptismal vows (page 8 of this booklet).
- Sit in silence.
- Pray for the intentions of the Holy Father.
- Pray one Our Father and one Hail Mary.
- Spend some time in silent personal prayer and reflection.
- To end your visit, say the Glory Be, the Creed, or a Psalm of Thanksgiving.

Saint Francis of Assisi Catholic Church
65 East 500 North, Orem
801-221-0750

Saint Francis of Assisi Catholic Church is the oldest and largest Catholic Church in Utah County. Founded in 1892, with the original location in Provo, Utah, the church was moved to Orem in 2000. The facility included administrative offices, religious education classrooms, gymnasium (which also served as the main worship space), social hall and kitchen. In 2010, construction finally began on the new church, which was dedicated on February 19, 2012 by Bishop John C. Wester.

Over the years the parish has grown tremendously, with over 1,800 families celebrating together their diverse parish community - Somos el Cuerpo del Cristo! We are the Body of Christ!

Saint Mary Catholic Church
4050 South 3900 West, West Haven
801-621-7961

The seeds of the present Saint Mary Church began October 21, 1945 when Bishop Duane G. Hunt dedicated, Santa Maria Mission on West 22nd Street in Ogden. Ten years later, construction began on the church and in 1957, Saint Mary was dedicated by Bishop Duane Hunt.

In 1997, the diocese purchased 10.3 acres of land in West Haven to relocate the inadequate facilities. The church and rectory were dedicated June 8, 2008, by Bishop John C. Wester. Saint Mary’s greatest resource continues to be its people whose generous and cooperative spirit is indispensable in furthering the spiritual needs of their own families and neighbors.
Renew your baptismal promises responding “I do” to the following questions:

Do you reject Satan?
And all his works?
And all his empty promises?
Do you believe in God, the Father almighty, creator of heaven and earth?
Do you believe in Jesus Christ his only Son, our Lord
who was born of the Virgin Mary, was crucified, died, and was buried,
orose from the dead,
and is now seated at the right hand of the Father?
Do you believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins,

In one of his last official acts, The Right Reverend Lawrence Scanlan dedicated Our Lady of Lourdes Catholic Church on June 14, 1913. On the same day, fifty children celebrated their First Holy Communion and Bishop Scanlan conferred the sacrament of Confirmation upon forty people. The Church has grown and seen many changes over the years. On June 30, 2013, the parish will mark their 100 year anniversary.

They invite you to visit the baptistery and renew your promises. “On any day they chose, during the Year of Faith, if they make a pious visit to the baptistery, or other place in which they received the Sacrament of Baptism, and they renew their baptismal promises in any legitimate form” a plenary indulgence will be obtained.

Under the leadership of the first bishop of Salt Lake City, The Right Reverend Lawrence Scanlan, construction of The Cathedral of the Madeleine was begun in the year 1900 and completed in 1909.

The exterior of the cathedral remains substantially the same today as it was in 1909, except for the addition of a tympanum over the main doors and the double flight of steps leading to the main entrance. The interior of the cathedral, inspired in great part by the Spanish Gothic of the late Middle Ages, was largely created under the guidance of The Right Reverend Joseph S. Glass, who became Bishop of Salt Lake City in 1915.

The Most Reverend William K. Weigand, Bishop of Salt Lake City (1980-1994), oversaw a much needed restoration of the interior which had suffered the effects of dirt and pollution in the intervening decades. This included renovation of the liturgical elements of the cathedral to bring them into conformity with the liturgical reforms that followed the Second Vatican Council. The work required the building of a new altar in a more prominent location, giving a new centrality to the bishop's chair, providing a separate Blessed Sacrament chapel, and adding a more ample baptismal font.

The renewed building was formally rededicated on February 21, 1993. The cathedral is listed on the Utah Register of Historic Sites and the National Register of Historic Places.
Saint Kateri Tekakwitha Mission
Ft. Duchesne, Uintah
435-722-2975

Saint Kateri Tekakwitha Mission was dedicated by The Most Reverend William K. Weigand on July 1, 1982. The modest residence in Fort Duchesne serves as a community center where Mass is celebrated, religious instruction provided and social gatherings are held.

Blessed Kateri Tekakwitha, who was canonized in 2012, was the daughter of a Mohawk warrior and a Christian Algonquin woman. Known as both the "Flower of the Algonquians" and the "Lily of the Mohawks", Kateri was devoted to the Eucharist and the crucified Christ. Born in 1656, she died April 7, 1680 at the age of 24.

Our Lady of the Light Mission
919 East 200 North, Beaver
435-586-8298

Our Lady of the Light Mission/Nuestra Señora de la Luz Misión was dedicated on May 17, 2008 by The Most Reverend John C. Wester, Bishop of Salt Lake City. Beaver has a population of 2,511 with approximately 40 Catholic families in a predominantly LDS area. Before the dedication of their mission, Catholics in Beaver would travel 50 miles to Cedar City for Mass and the sacraments. Religious education classes were held in the Beaver City Library.

Please note that the mission is usually closed except for Saturdays when Mass is celebrated at 6:00 PM. During daylight savings time, March 10 through November 3, Mass is celebrated at 7:00 PM.

Our Lady of Perpetual Help Catholic Church
5415 South 4360 West, Kearns
801-968-8981

On December 16, 2012, Our Lady of Perpetual Help Church celebrated the completion of additional renovations to the church. Most visible, however, is the new mural behind the altar which depicts the crucifixion, with the Virgin Mary and two disciples at the foot of the cross. To reflect the local community, the scenery in the mural is suggestive of the Wasatch Mountains, and the crucifix’s foot rest and INRI sign are pieces of wood from a tree outside the church that was cut down as a result of the renovations.

The vibrant Vietnamese parish, with its rich cultural traditions, deepens our appreciation for the catholicity of our church and is a symbol of Christ’s love.

Saint Ann Catholic Church
2119 South 400 East, Salt Lake City
801-487-1000

Established in 1917, Saint Ann Catholic Church was originally housed in the Kearns - Saint Ann Orphanage. The current building was dedicated in 1968. In 2000, the parishioners added a gathering space at the entry to the church where plaques are hung to preserve and honor historical dates and events associated with the life and growth of Saint Ann parish.

In 2006, Msgr. Colin F. Bircumshaw, then pastor of Saint Ann, acquired an icon of Saint Ann holding Our Blessed Mother, which is a copy of the original work from the 1600s. A local artist was commissioned to renew and preserve the icon’s historic beauty, and the icon was framed and hung in the parish hall to symbolize the presence of Our Blessed Mother and Saint Ann among the parish family.